

Facilitation Skills Workshop



Synergee provides workshops or one-on-one sessions on key thinking, communication and learning skills for the corporate market. We provide sessions on Mind Mapping[®], Speed Reading, Memory and Learning, Presentation and Facilitation skills.

These techniques will provide you with the following benefits:

Clearer thinking - quickly and easily plan presentations, brainstorm and solve problems using Mind Maps.

Improved productivity - double or triple how fast you read with Speed Reading. Many executives report that they spend 40% of their working lives reading. By doubling their reading speed, they gain an extra day per week!

Results achieved - through practical experience of the techniques, delegates leave with skills they can use immediately.

Feel connected and inspired - we guarantee that you will be excited and stimulated by what you will learn about how the brain works. You'll find many easy ways to apply what you learn with Synergee to your working and personal life and we endeavour to make sure you enjoy it!

Have fun - learning happens when you have fun. Participants on Synergee courses leave feeling refreshed and happy.

Course Details

Synergee runs in-house courses for organisations anywhere in the UK. Courses outside the UK are also possible.

Contact Us

We will be happy to answer any questions that you may have or discuss how we can tailor our courses to your needs.

Synergee works with a varied audience, including lawyers, bankers and teachers.

Facilitation Skills Workshop

Facilitation skills can be employed in a one-on-one meeting, team update or large strategy day for many participants. This workshop teaches vital skills to elicit ideas, issues and feelings, generate solutions, work constructively and quickly in groups and make plans that inspire ownership and action.



What will I learn?

- ▶ **Structured thinking:** learn a step-by-step approach to have group members work constructively on the issue or opportunity at hand
- ▶ **Active listening:** create a safe environment for participants to share opinions, thoughts and ideas
- ▶ **Group dynamics:** understand how to work with group members to allow effective and balanced contribution
- ▶ **Personality Types:** learn theories of personality types and tips for dealing with differences
- ▶ **Idea generation:** creativity, mapping and thinking strategies to create quality and quantity of ideas
- ▶ **Gaining consensus:** how to quickly and effectively decide on the best course of action and agree ownership

“*Straightforward ideas that are easy to implement. Lots of practise within the workshop gave me confidence that I can use these tips immediately*”

Synergee Training and Consulting Ltd can provide a one-day Facilitation Skills Workshop or arrange a facilitator to run your meeting or conference



Synergee Training and Consulting Ltd

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