

Speed-Reading Course



Synergee provides workshops or one-on-one sessions on key thinking and learning skills for the corporate market. We provide sessions on Mind Mapping®, Speed Reading, Memory and Learning.

These techniques will provide you with the following benefits:

Clearer thinking - quickly and easily plan, brainstorm, write documents and solve problems using Mind Maps.

Improved productivity - double or triple how fast you read with Speed Reading. Many executives report that they spend 40% of their working lives reading. By doubling their reading speed, they gain an extra day per week!

Results achieved - through thinking more clearly using Mind Maps and saving time using Speed Reading, you are better able to achieve your professional and personal goals.

Feel connected and inspired - we guarantee that you will be excited and stimulated by what you will learn about how the brain works. You'll find many easy ways to apply what you learn with Synergee to your working and personal life and we endeavour to make sure you enjoy it!

Have fun - learning happens when you have fun. Participants on Synergee courses leave feeling refreshed and happy.

Course Details

Synergee run in-house courses for organisations anywhere in the UK. Courses outside the UK are also possible. Synergee run public Speed Reading courses in London, which open to adult attendees from any organisation.

Contact Us

We will be happy to answer any questions that you may have or discuss how we can tailor our courses to your needs.

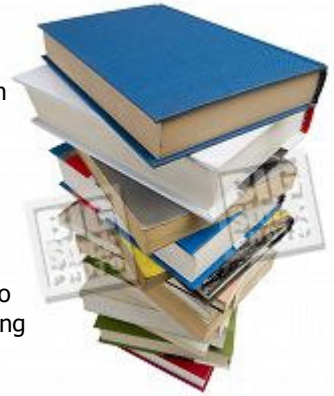
If you currently spend 40% of your working life reading, you could save 1 day per week by doubling your reading speed!

Speed Reading Course

By learning to read faster you can choose to read more information in the time available or spend more time doing other activities once you have cut down on time spent reading.

In addition to showing you how to read faster, we also discuss reading strategies that enable you to:

- ▶ Choose what is important to read and discard the rest
- ▶ Find the information you are looking for
- ▶ Quickly read and learn enough to give you a good overview on a subject
- ▶ Summarise what you have read in a simple format
- ▶ Get a good understanding of the material that you have read and retain the information



Course Benefits

- ▶ Spend less time reading and more time making decisions and taking action
- ▶ Be well-informed for meetings
- ▶ Stay on top of market information
- ▶ Respond quickly to high-priority emails and tasks

“*The interactive elements of the course worked well. I think learning by doing is an effective method and the trainer structured the course to achieve this to best effect – Telecommunications executive*”

Over 90% of our delegates experience reading AT LEAST twice as fast as their benchmark reading speed in our one-day course. Other delegates also experience significant improvements.



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